

# Diagnosed: Now What?

**Your next steps after a  
communication diagnosis**

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A guided starting point for parents and individuals

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**Christine Lynch, M.A., CCC-SLP**

Speech-Language Pathologist

This is a lot.  
And that's okay.



You are not behind.  
You are just getting started.

# Let's simplify this.

1

What it means and what it doesn't

2

Knowing your options

3

Taking one small step forward

# What this diagnosis actually means.

(Take a breath...)

- Something is "wrong" with your child
- They won't be successful
- You did something wrong

It DOES mean:

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# Your next step— just one.

You don't need to do everything right now.  
You just need one clear step.

START HERE:

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Remember:

One step is enough.